



CANCER RESOURCE CENTER

OF THE FINGER LAKES

Cancer Support Services Schuyler County



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 [@CancerResourceCenter](https://www.facebook.com/CancerResourceCenter)

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For many more resources available to all residents of the greater Finger Lakes area, please see

[Cancer Support Services for the Finger Lakes Region of NYS](#)

Free Cancer Screenings

The New York State Department of Health has a Cancer Services Program (CSP) in each county.

Program website: <https://www.health.ny.gov/diseases/cancer/services/>

Their mission is to provide NY residents who meet age and income requirements with free breast, cervical, and colorectal cancer screenings and diagnostic services. The age-appropriate, risk-based screenings offered by local clinicians in each county include:

- Mammograms and clinical breast exams for breast cancer.
- Pap tests and pelvic exams for cervical cancer.
- Take home fecal tests (FIT or FOBT) for colorectal cancer.
- Screening colonoscopy for men and women at increased risk for colorectal cancer.

For more information about screenings and eligibility, please contact **Cancer Services Program of the Southern Tier** at 607-778-3900, 607-778-2277, or 1-866-442-CANCER (2262)

Schuyler Co. CSP website: <https://schuylercounty.us/637/Cancer>

Local Resources for Financial Assistance

<p>Samaritan Center of Catholic Charities Serving Chemung and Schuyler Counties 215 East Church Street #100 Elmira, NY 14901 607-734-9784 https://cs-cc.org/</p>	<ul style="list-style-type: none"> ● Catholic Charities provides a number of needed programs and services in the community with a priority toward the poor. The organization works to ensure that people have food, clothing, shelter, medical services, and the ability to achieve a decent standard of living. The organization offers programs that specialize in residential services, community support services, and public policy advocacy and parish services.
<p>Schuyler County HEAP (Home Energy Assistance Program) Schuyler County Human Service Complex 323 Owego St. Unit 3 Montour Falls, NY 14865 Ph: (607)-535-8303 https://www.schuylercounty.us/336/HEAP-Home-Energy-Assistance-Program</p>	<ul style="list-style-type: none"> ● Heap provides assistance with the cost of heating (in winter) or cooling (in summer) to low income households ● This program also provides emergency benefits for households in a heat-related emergency ● Individuals may be eligible for regular HEAP even if they have resources. ● https://otda.ny.gov/programs/heap

Local Assistance with Insurance and Legal Issues

<p>Local Community Health Ovid Community Health Center 7150 N. Main Street Ovid, NY 14521 607-403-0065</p>	<ul style="list-style-type: none"> ● Provide full medical, dental, family planning, behavioral health and nutrition counseling to anyone in the community. ● Accept Medicaid, Child Health Plus, Family Health Plus, Medicare and most other insurances. ● Certified Applications Counselors are also available by appointment to answer questions or assist with insurance enrollment.
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Beds, Wheelchairs and Other Equipment

<p>Nascentia Health Options (888)477-4663 https://nascentiahealthoptions.org/</p>	<ul style="list-style-type: none"> ● Provides home and community based healthcare services. ● Call to see if you are eligible for access to this medical equipment or visit their website for more information.
<p>Guthrie Med Supply Depot 1393 Elmira Street Sayre, PA 18840 (570)888-3488</p>	<ul style="list-style-type: none"> ● Offers a wide range of medical equipment and supplies, including adaptive equipment designed to help individuals maintain their independence, wheelchairs and scooters, and physical therapy aides. ● Located just 20 minutes outside of Tioga County on the border of Pennsylvania and New York.

Home Health Care

Information and Referral:

Schuyler NY Connects is a collaboration between the **Schuyler County Office for the Aging** and **Long Term Care Services** to provide information about available options whether you are paying for services yourself, through insurance, or are eligible for a government program. NY Connects serves anyone who needs information on long term services and supports, such as older adults, a child or adult with a disability, family members or caregivers, friends or neighbors, and helping professionals. For more information please contact 607-535-7108.

<http://www.nyconnects.ny.gov/>

Home Care Service Providers:

Several private and public agencies provide home care in Schuyler County. Services offered and rates vary, so call the provider for more information.

Nascentia Health Options

888-477-4663

Care Givers Home Care

607-275-0238

Finger Lakes Independence Center

607-272-2433

Pain Control

Cancer pain should be addressed quickly and aggressively. The treating physician is the first contact, but other resources are available:

Palliative Care is a program within the **Lourdes Hospital**, 169 Riverside Drive Binghamton, NY. Palliative care specializes in relieving the symptoms and stress of serious illness. Symptoms may be physical, emotional, or spiritual. The goal is to improve quality of life for you and your family. Palliative care may be appropriate at any point in an illness from diagnosis on, and it can be provided at the same time as treatment that is meant to cure you.

Working closely with your primary physician, they provide:

- Expert treatment of pain and other symptoms
- Guidance with difficult treatment choices
- Emotional and spiritual support for you and your family
- Coordination of care
- Close communication and compassionate care
- Advance Care Planning

Palliative care consultations can be done in your own home, in an assisted living facility, nursing home, or hospital. Contact them for more information at 607-798-5418 or at <https://www.lourdes.com/centers-and-services/palliative-care/>

End of Life Care

Hospice is a philosophy of care for the dying and their families that affirms life, but does not deny death. Support and care are provided in the last phase of a person's illness so that they may live as comfortably and autonomously as possible.

CareFirst located in Painted Post, NY and **Elderwood Health Care** located in Waverly, NY provide extended care services. Anyone can contact these offices for more information or to request an assessment. A doctor's referral or authorization may be required for some services.

CareFirst

3805 Meads Creek Road
Painted Post, NY 14870
607-962-3100

<http://www.carefirstny.org/>

Elderwood Health Care

37 North Chemung Street
Waverly, NY 14892
607-565-2861

<http://www.elderwood.com>

Mental Health Services

Depression, anxiety, and other mental health concerns are common during cancer treatment and recovery.

An **Employee Assistance Program** (EAP) is typically offered through your employer, and can provide resources available to you in your area. Contact your human resource department to see what benefits are provided.

The Mental Health Services of Schuyler County in Watkins Glen, NY offers a comprehensive continuum of counseling services and support for individuals of all ages and families coping with emotional problems, mental illness, marital issues, depression, alcoholism and substance abuse. Call (607) 535-8282 or visit their website at <https://www.schuylercounty.us/149/Mental-Health-Services> for more information.

Genetic Counseling

Genetic counseling for cancer can help you and your family understand your inherited cancer risk. Inherited cancer risk may be passed from parent to child. The genetic counselor explains available genetic tests and can offer information about cancer screening, prevention, and treatment options.

The Ferre Institute
124 Front Street

Binghamton, NY 13905
607-724-4308
www.ferre.org

Lymphedema

Lymphedema is a type of swelling in an arm, leg, or other body part that sometimes occurs after surgery and/or radiation for cancer. Assessment and treatment are available by:

Lourdes Hospital Lymphedema Management

Lourdes Hospital
169 Riverside Drive
Binghamton, NY 13905
607-798-5255
<https://www.lourdes.com/centers-and-services/breast-care/treatment-and-services/lymphedema/>

The Myers Center for Massage and Lymphedema

148 Vestal Parkway East, Suite 2
Vestal, NY 13850

607-757-0517 www.themyerscenter.com

Additional Support for Older Adults

Older Adults:

Cancer becomes more common as people get older. When an older person undergoes cancer treatment, the support s/he needs may relate as much to aging as to the cancer itself. There are local agencies that can provide support to older adults.

Schuyler County Office for the Aging (607-535-7108) is an excellent resource for assistance with aging-related issues such as housing, home care, health insurance, caregiver services, and more. The office also controls the local “Meals on Wheels” program, so check out their website for more information at [Nutrition-Programs.https://www.schuylercounty.us/157/Office-for-the-Aging](https://www.schuylercounty.us/157/Office-for-the-Aging)

The Health Insurance Information, Counseling, and Assistance Program (HIICAP) is managed by the [Schuyler County Office for the Aging](https://www.schuylercounty.us/157/Office-for-the-Aging) and provides help with Medicare, Medigap, long-term care insurance, and other programs serving seniors.

Transportation

Parking Permits: Parking Permits for individuals with temporary or permanent disabilities are issued through your local city, town, or village clerk's office. The Department of Motor Vehicles (DMV) does NOT issue these permits.

Local and Out of Town Transportation:

<p>Schuyler County Transportation Services 607-535-3555 http://www.schuylercounty.us/342/Transportation-Services</p>	<ul style="list-style-type: none">● Provides transportation to medical appointments, grocery shopping, pharmacy, banking, hair appointments, volunteer assignments, and more.
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An excellent source for additional information is the 211 Schuyler County Helpline at 2-1-1 or 1-877-356-9211.