



CANCER RESOURCE CENTER
OF THE FINGER LAKES

Cancer Support Services

Seneca County



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 [@CancerResourceCenter](https://www.facebook.com/CancerResourceCenter)

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For many more resources available to all residents of the greater Finger Lakes area, please see [Cancer Support Services for the Finger Lakes Region of NYS.](#)

Free Cancer Screenings

The New York State Department of Health has a Cancer Services Program of Ontario, Seneca, Wayne, and Yates County. <https://www.211lifeline.org/> Call 585-224-3070. Their mission is to reach all uninsured/under-insured residents in Cortland and Tompkins Counties (who qualify) to provide free breast, cervical and colorectal cancer screenings to reduce cancer rates in our counties.

The Age-Appropriate, Risk-Based Screenings offered by the CSP are:

- Mammograms and clinical breast exams for breast cancer.
- Pap tests and pelvic exams for cervical cancer.
- Take home fecal tests (FIT or FOBT) for colorectal cancer.
- Screening colonoscopy for men and women at increased risk for colorectal cancer.

For more information about screenings and eligibility, contact the Seneca County Health Department at 315-539-1920

Local Resources for Financial Assistance

<p>Catholic Charities of the Finger Lakes 94 Exchange Street Geneva, New York 14456 P: 315-789-2235 https://catholiccharitiesfl.org/</p>	<ul style="list-style-type: none"> ● Catholic Charities provides quality human service programs by advocating for social justice. More information about all of their services can be found on their website.
<p>NYSEG Assistance Programs HEAP: 1 DiPronio Drove Waterloo, NY 13165 Phone: (315) 539-1800 https://otda.ny.gov/programs/heap/</p>	<ul style="list-style-type: none"> ● HEAP is a federal grant program that helps eligible households pay for energy costs, repairs and weatherization.
<p>Project Share 18 Link Drive Binghamton, NY 13904 Phone: (800)-599-4327 Project Share</p>	<ul style="list-style-type: none"> ● Project Share is designed to help income-eligible customers with active disconnect notices in both the NYSEG and RG&E service areas.

<p>Thrive to Survive 466 Kilbourn Rd. Rochester, NY 14618 315-374-0626 https://www.thrivetosurvive.org/</p>	<ul style="list-style-type: none"> • Offers emergency financial support to adults with cancer living in Seneca Falls.
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Wigs, Makeup and Mastectomy Products

<p>KBW International Wigs, Inc. Rochester, NY Call for more information: 716-827-1949 http://www.kbwwig.com</p>	<ul style="list-style-type: none"> • Wig boutique that provides wigs for cancer patients experiencing hair loss.
<p>Thelma’s Mastectomy Boutique 251 Park Ave Rochester, NY 14607 585-256-2460 http://thelmasboutique.com</p>	<ul style="list-style-type: none"> • Provides women with a wide variety of products: post-mastectomy bras, post-mastectomy camisoles, swimwear, lymphedema sleeves, hats, scarves, and more!

Beds Wheelchairs and Other Equipment

<p>Center For Orthotic & Prosthetic Care 790 Pre Emption Road – Suite B Geneva, NY 14456 315-325-0024 http://www.centeropcare.com</p>	<ul style="list-style-type: none"> • Offer pre- and post-surgery, and rehabilitation services including patient evaluation, custom fitting programs, and coordination with the physician’s office and the hospital.
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Nutritional Assistance

The **Seneca County Commission on Aging** provides a wide variety of nutrition services. Their Congregate Meals, Meals on Wheels, and Home Style Selections programs provide meals and nutritional assistance at a low cost for those in need. Contact them at (315) 539-1765.

Home Health Care

Information and Referral:

Seneca NY Connects (<http://www.nyconnects.ny.gov/>) is a collaboration between the Seneca County Office for the Aging and Long Term Care Services to provide information and referral about the many long term care services available in Seneca County. NY Connects can provide information and assistance for home meals, transportation, home care, counseling, and more. Contact the Seneca County Office for the Aging for more information at 315-539-1766.

Home Care Service Providers:

Several private and public agencies provide home care in Seneca County. Services offered and rates vary, so call the provider for more information.

Finger Lakes Home Care, Inc.	315-781-8551
Finger Lakes Independence Center	607-272-2433
Finger Lakes Visiting Nurse Services	800-253-4439

Pain Control

Cancer pain should be addressed quickly and aggressively. The treating physician is the first contact, but other resources are available:

The **Seneca County Human Services** office offers **Palliative Care** for those in need. It offers benefits to anyone with an advanced, life-threatening illness, regardless of prognosis. Lifetime Care's palliative care services are for patients who may not be eligible for Hospice care, or who wish to continue disease-oriented treatments. Services include:

- Skilled nursing
- Physical and occupational therapy
- Infusion therapy
- Assistance with activities of daily living
- Medical equipment and supplies
- And others

For more information please visit <https://www.lifetimecare.org/services/hospice/palliative-care> or call 585-214-1000 or 800-724-1410.

End of Life Care

Hospice is a philosophy of care for the dying and their families that affirms life, but does not deny death. Support and care are provided in the last phase of a person's illness so that they may live as comfortably and autonomously as possible.

Pathway Home of the Finger Lakes (<http://pathwayhome.org/>) provides hospice care wherever the patient lives: at home, in skilled nursing facilities, adult homes, or at Cayuga Medical Center. Hospicare also has a residence in Ithaca for people whose caregiver is no longer able to care for them or for people living alone without adequate care and support.

In addition, **Lifetime Care** (<https://www.lifetimecare.org/>) offers hospice/end-of-life care that assists individuals in navigating the medical challenges associated with serious illnesses.

Pathway Home Office: 1529 State Rt. 414, Seneca Falls, NY 13148. 315-257-0307

Lifetime Care: 800-724-1410 or 585-214-1000

Mental Health Services

Depression, anxiety, and other mental health concerns are common during cancer treatment and recovery.

An **Employee Assistance Program** (EAP) is typically offered through your employer, and can provide resources available to you in your area. Contact your human resource department to see what benefits are provided.

Seneca County Community Counseling Center Mental Health Services provides a database of agencies that offer emergency and non-emergency human services assistance to Seneca County residents. More information can be found at their website:

<https://www.co.seneca.ny.us/gov/services/external-agencies/name/seneca-county-community-counseling-center-mental-health-services/>

Genetic Counseling

Genetic counseling for cancer involves having a trained genetic counselor help you and your family understand your inherited cancer risk. Inherited cancer risk may be passed from parent to child. The genetic counselor explains available genetic tests. He or she can also offer information about cancer screening, prevention, and treatment options and provide support.

The Obstetrics and Gynecology Department at **Strong Memorial Hospital** in Rochester, NY offers genetic counseling to those worried that they are at risk of genetic syndromes. Appointments can be made by calling our clinical secretaries at 585-487-3480.

<https://www.urmc.rochester.edu/medicine/genetics.aspx>

Lymphedema

Lymphedema is a type of swelling in an arm, leg, or other body part that sometimes occurs after surgery and/or radiation for cancer. Assessment and treatment are available by:

Licensed Massage Therapists and Certified Lymphedema Therapists

Stephanie Gray Massage

409 West State Street

Ithaca, NY 14850

607-351-6840

www.stephaniegraymassage.com

Schuyler Hospital Physical Therapy Department

220 Steuben Street

Montour Falls, NY 14865

607-535-8616

Michelle Creary OTR/L, CLT

Christine Stierly PT, MPT, CLT-LANA

<https://schuylerhospital.org/services-2/physical-therapy/>

Seneca Physical Therapy

609 North Franklin Street

Watkins Glen, NY 14891

607-535-7475

<http://www.senecaphysicaltherapy.com/>

Additional Support for Older Adults

Older Adults:

Cancer becomes more common as people get older. When an older person undergoes cancer treatment, the support s/he needs may relate as much to aging as to the cancer itself. There are local agencies that can provide support to older adults.

American Red Cross in the Finger Lakes (<https://goo.gl/7GikxZ>) provides the local “Meals on Wheels” Program and is located at 83 West Bayard Street, Seneca Falls, 13148.

The Health Insurance Information, Counseling, and Assistance Program (HIICAP) of Lifelong 315-539-1787 or <https://aging.ny.gov/healthbenefits/index.cfm>) provides help with Medicare, Medigap, long-term care insurance, and other programs serving seniors.

Seneca County Office for the Aging (315-539-1765 or <https://goo.gl/DpECLy>) is an excellent resource for assistance with aging-related issues such as housing, home care, health insurance, caregiver services, and more.

The Seneca Nursing & Rehabilitation facility (<https://goo.gl/2DkLQk>) is located at 200 Douglas Drive, Waterloo, New York 13165 and provides 24-hour skilled nursing care and other specialized needs. The office can be contacted at 315-539-9202.

Transportation

Parking Permits: Parking Permits for individuals with temporary or permanent disabilities are issued through your local city, town, or village clerk’s office. The Department of Motor Vehicles (DMV) does NOT issue these permits.

Local and Out of Town Transportation:

<p>Seneca County Commission of Aging 2465 Bonadent Drive, Suite 4 Waterloo, NY 13165 315-539-1766 https://www.co.seneca.ny.us/gov/community/office-aging/</p>	<ul style="list-style-type: none">● Provides transportation service for community members over the age of 60.● Provides rides for the use of medical appointments, grocery stores, shopping malls, banks, laundromats, and beauty salons.
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An excellent source for additional information is the 211 Seneca Helpline at 2-1-1 or 1-800-346-2211.