



**CANCER RESOURCE CENTER**  
**OF THE FINGER LAKES**

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Cancer Support Services  
Schuyler County



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For many more resources available to all residents of the greater Finger Lakes area, please see

**[Cancer Support Services for the Finger Lakes Region of NYS](#)**

## Free Cancer Screenings

**The New York State Department of Health has a Cancer Services Program in Schuyler Counties. Call 607-535-7108.** Their mission is to reach all uninsured/under-insured residents in Chemung and Schuyler Counties (who qualify) to provide free breast, cervical and colorectal cancer screenings to reduce cancer rates in our counties.

The Age-Appropriate, Risk-Based Screenings offered by the CSP are:

- Mammograms and clinical breast exams for breast cancer.
- Pap tests and pelvic exams for cervical cancer.
- Take home fecal tests (FIT or FOBT) for colorectal cancer.
- Screening colonoscopy for men and women at increased risk for colorectal cancer.

For more information about screenings and eligibility, please contact 607-778-3900 or 1-866-442-CANCER (2262).

<https://www.nyconnects.ny.gov/>

## Local Resources for Financial Assistance

<p><b>Samaritan Center of Catholic Charities</b>          Serving Chemung and Schuyler Counties          215 East Church Street #100          Elmira, NY 14901          607-734-9784  <a href="https://cs-cc.org/">https://cs-cc.org/</a></p>	<ul style="list-style-type: none"> <li>● Catholic Charities provides a number of needed programs and services in the community with a priority toward the poor. The organization works to ensure that people have food, clothing, shelter, medical services, and the ability to achieve a decent standard of living. The organization offers programs that specialize in residential services, community support services, and public policy advocacy and parish services.</li> </ul>
<p><b>Schuyler County HEAP</b> (Home Energy Assistance Program)          Schuyler County Human Service Complex          323 Owego St. Unit 3          Montour Falls, NY 14865          Ph: (607)-535-8303  <a href="https://www.schuylercounty.us/336/HEAP-Home-Energy-Assistance-Program">https://www.schuylercounty.us/336/HEAP-Home-Energy-Assistance-Program</a></p>	<ul style="list-style-type: none"> <li>● Heap provides assistance with the cost of heating (in winter) or cooling (in summer) to low income households</li> <li>● This program also provides emergency benefits for households in a heat-related emergency</li> <li>● Individuals may be eligible for regular HEAP even if they have resources.</li> <li>● <a href="https://otda.ny.gov/programs/heap">https://otda.ny.gov/programs/heap</a></li> </ul>

## Local Assistance with Insurance and Legal Issues

<p><b>Local Community Health</b> Ovid Community Health Center 7150 N. Main Street Ovid, NY 14521 607-403-0065</p>	<ul style="list-style-type: none"><li>● Provide full medical, dental, family planning, behavioral health and nutrition counseling to anyone in the community.</li><li>● Accept Medicaid, Child Health Plus, Family Health Plus, Medicare and most other insurances.</li><li>● Certified Applications Counselors are also available by appointment to answer questions or assist with insurance enrollment.</li></ul>
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## Beds, Wheelchairs and Other Equipment

<p><b>Nascentia Health Options</b> (888)477-4663 <a href="https://nascentiahealthoptions.org/">https://nascentiahealthoptions.org/</a></p>	<ul style="list-style-type: none"><li>● After becoming a member for VNA Homecare, you'll have access to the durable medical equipment you need.</li><li>● Call to see if you are eligible for access to this medical equipment or visit their website for more information.</li></ul>
<p><b>Guthrie Med Supply Depot</b> 1393 Elmira Street Sayre, PA 18840 (570)888-3488</p>	<ul style="list-style-type: none"><li>● Offers a wide range of medical equipment and supplies, including adaptive equipment designed to help individuals maintain their independence, wheelchairs and scooters, and physical therapy aides.</li><li>● Located just 20 minutes outside of Tioga County on the border of Pennsylvania and New York.</li></ul>

## Home Health Care

### Information and Referral:

**Schuyler NY Connects** is a collaboration between the **Schuyler County Office for the Aging and Long Term Care Services** to provide information about available options whether you are paying for services yourself, through insurance, or are eligible for a government program. NY Connects serves anyone who needs information on long term services and supports, such as older adults, a child or adult with a disability, family members or caregivers, friends or neighbors, and helping professionals. For more information please contact 607-535-7108.

<http://www.nyconnects.ny.gov/>

### Home Care Service Providers:

Several private and public agencies provide home care in Schuyler County. Services offered and rates vary, so call the provider for more information.

Care Givers Home Care

607-275-0238

Finger Lakes Independence Center

607-272-2433

## Pain Control

Cancer pain should be addressed quickly and aggressively. The treating physician is the first contact, but other resources are available:

**Palliative Care** is a program within the **Lourdes Hospital**, located in Binghamton, NY. Palliative care specializes in relieving the symptoms and stress of serious illness. Symptoms may be physical, emotional, or spiritual. The goal is to improve quality of life for you and your family. Palliative care may be appropriate at any point in an illness, from diagnosis on, and it can be provided at the same time as treatment that is meant to cure you.

Working closely with your primary physician, we provide:

- Expert treatment of pain and other symptoms
- Guidance with difficult treatment choices
- Emotional and spiritual support for you and your family
- Coordination of care
- Close communication and compassionate care
- Advance Care Planning

Palliative care consultations can be done in your own home, in an assisted living facility, nursing home, or hospital. Contact them for more information at 607-798-5418 or at

<https://www.lourdes.com/centers-and-services/palliative-care/>.

Address: 169 Riverside Drive, Binghamton, NY 13905

Phone: 607-798-5418

## End of Life Care

Hospice is a philosophy of care for the dying and their families that affirms life, but does not deny death. Support and care are provided in the last phase of a person's illness so that they may live as comfortably and autonomously as possible.

**CareFirst** located in Painted Post, NY and **Elderwood Health Care** located in Waverly, NY provide extended care services throughout various stages of a person's life.

Anyone can contact these offices for more information or to request an assessment. A doctor's referral or authorization may be required for some services. Contact them for more information with the contact information below.

### **CareFirst**

3805 Meads Creek Road  
Painted Post, NY 14870  
607-962-3100

<http://www.carefirstny.org/>

### **Elderwood Health Care**

37 North Chemung Street  
Waverly, NY 14892  
607-565-2861

<http://www.elderwood.com/>

## Mental Health Services

Depression, anxiety, and other mental health concerns are common during cancer treatment and recovery.

An **Employee Assistance Program** (EAP) is typically offered through your employer, and can provide resources available to you in your area. Contact your human resource department to see what benefits are provided.

**The Mental Health Services of Schuyler County** in Watkins Glen, NY offers a comprehensive continuum of counseling services and support for individuals of all ages and families coping with emotional problems, mental illness, marital issues, depression, alcoholism and substance abuse. Call (607) 535-8282 or visit their website at <https://www.schuylercounty.us/149/Mental-Health-Services> for more information.

## Genetic Counseling

Genetic counseling for cancer involves having a trained genetic counselor help you and your family understand your inherited cancer risk. Inherited cancer risk may be passed from parent to child. The genetic counselor explains available genetic tests. He or she can also offer information about cancer screening, prevention, and treatment options and provide support.

A local organization that provides genetic counseling services to individuals in our area is:

The Ferre Institute  
124 Front Street  
Binghamton, NY 13905  
607-724-4308  
[www.ferre.org](http://www.ferre.org)

## Lymphedema

Lymphedema is a type of swelling in an arm, leg, or other body part that sometimes occurs after surgery and/or radiation for cancer. Assessment and treatment are available by:

### **Lourdes Hospital Lymphedema Management**

Lourdes Hospital  
169 Riverside Drive  
Binghamton, NY 13905  
607-798-5255  
<https://www.lourdes.com/centers-and-services/breast-care/treatment-and-services/lymphedema/>

### **The Myers Center for Massage and Lymphedema**

148 Vestal Parkway East, Suite 2  
Vestal, NY 13850  
607-757-0517  
[www.themyerscenter.com](http://www.themyerscenter.com)

## Additional Support for Older Adults

### **Older Adults:**

Cancer becomes more common as people get older. When an older person undergoes cancer treatment, the support s/he needs may relate as much to aging as to the cancer itself. There are local agencies that can provide support to older adults.

**Schuyler County Office for the Aging** (607-535-7108) is an excellent resource for assistance with aging-related issues such as housing, home care, health insurance, caregiver services, and more.

The office also controls the local “Meals on Wheels” program, so check out their website for more information at [Nutrition-Programs.https://www.schuylercounty.us/157/Office-for-the-Aging](https://www.schuylercounty.us/157/Office-for-the-Aging)

**The Health Insurance Information, Counseling, and Assistance Program (HIICAP)** is managed by the [Schuyler County Office for the Aging](#) and provides help with Medicare, Medigap, long-term care insurance, and other programs serving seniors.

## Transportation

**Parking Permits:** Parking Permits for individuals with temporary or permanent disabilities are issued through your local city, town, or village clerk’s office. The Department of Motor Vehicles (DMV) does NOT issue these permits. For more information, please visit <https://local.dmv.org/new-york/branch/schuyler-county-dmv-office-watkins-glen>.

### Local and Out of Town Transportation:

<p><b>Schuyler County Transportation Services</b> 607-535-3555 <a href="http://www.schuylercounty.us/342/Transportation-Services">http://www.schuylercounty.us/342/Transportation-Services</a></p>	<ul style="list-style-type: none"><li>● Provides transportation to medical appointments, grocery shopping, pharmacy, banking, hair appointments, volunteer assignments, and more.</li></ul>
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**An excellent source for additional information is the 211 Schuyler County Helpline at 2-1-1 or 1-877-356-9211.**