



CANCER RESOURCE CENTER
OF THE FINGER LAKES

Cancer Support Services

Cayuga County



612 West State Street

Ithaca, NY 14850

607-277-0960

info@crctl.net

www.crctl.net



[@CancerResourceCenter](https://www.facebook.com/CancerResourceCenter)

July 2020

Table of Contents

Support	
Free Cancer Screenings	2
Financial Assistance	
Resources for Financial Assistance	2
Assistance with Insurance and Legal Issues	3
Wigs, Supplies, Equipment	
Wigs, Makeup and Mastectomy Products	3
Beds, Wheelchairs, Other Equipment	4
Specialized Services	
Home Care	4
Pain Control	5
End of Life Care	5
Mental Health Services	6
Genetic Counseling	6
Lymphedema	7
Special Populations	
Older Adults and Cancer	7
Transportation	
Parking Permits	8
Local and Out of Town	8

For many more resources available to all residents of the greater Finger Lakes area, please see **[Cancer Support Services for the Finger Lakes Region of NYS.](#)**

Free Cancer Screenings

The New York State Department of Health has a **Cancer Services Program of Cayuga County**. Their mission is to reach all uninsured/under-insured residents in Cayuga County (who qualify) to provide free breast, cervical and colorectal cancer screenings to reduce cancer rates in our counties.

The Age-Appropriate, Risk-Based Screenings offered by the CSP are:

- Mammograms and clinical breast exams for breast cancer.
- Pap tests and pelvic exams for cervical cancer.
- Take home fecal tests (FIT or FOBT) for colorectal cancer.
- Screening colonoscopy for men and women at increased risk for colorectal cancer.

For more information about screenings and eligibility, contact the Cancer Services Program of the Cayuga County Health Department at 315-253-1560 / 1-833-837-4931.

<http://www.cayugacounty.us/Community/Health/Available-Programs/Cancer-Services-Program>

Local Resources for Financial Assistance

<p>Catholic Charities of the Finger Lakes 94 Exchange Street Geneva, New York 14456 (315) 789-2235 Catholic Charities</p>	<ul style="list-style-type: none"> ● Catholic Charities provides quality human service programs by advocating for social justice. More information about all of their services can be found on their website.
<p>NYSEG Assistance Programs HEAP HEAP and EAP Programs RG&E and NYSEG Project Share</p>	<ul style="list-style-type: none"> ● HEAP is a federal grant program that helps eligible households pay for energy costs, repairs and weatherization. ● Project Share is designed to help income-eligible customers with active disconnect notices in both the NYSEG and RG&E service areas.
<p>Central New York Health Home Network https://cnyhealthhomenetwork.net (315) 624-9670 1500 Genesee St. Utica, NY 13502</p>	<ul style="list-style-type: none"> ● Health Home Care Management is a collection of six core services to assist high risk and high need individuals with complex combinations of chronic conditions and/or severe mental illness with Medicaid so that they can better utilize health care, social services, and community and natural supports.

<p>Auburn Community Hospital 17 Lansing St. Auburn, NY 13021 (315) 255-7011</p>	<ul style="list-style-type: none"> • Their “We Care” program, funded by the Saint Agatha Foundation, is to reduce the financial stress for breast cancer patients.
---	---

Local Assistance with Insurance and Legal Issues

<p>Port Bryon Community Health Center 60 Main St Port Byron, NY 13140 (315)776-9700 Website</p>	<ul style="list-style-type: none"> • Provides patient support which includes on-site patient navigators and community health workers to assist and advocate for patients. • Counselors help connect individuals with out-of-town specialists and assist with paperwork.
--	---

Local Wigs Makeup and Mastectomy Products

<p>Confident Woman Boutique 6 Euclid Ave Cortland, NY 13045 (607)753-6452</p>	<ul style="list-style-type: none"> • Carries prostheses, bras, swimwear, and other post-mastectomy products. Open by appointment.
<p>Guthrie Med Supply Depot 402 Third Street Ithaca, NY 14850 607-273-4727 Website</p>	<ul style="list-style-type: none"> • Carries durable medical equipment, breast prostheses and mastectomy bras. • Call ahead for an appointment.

Beds, Wheelchairs, and Other Equipment

<p>ARISE Cayuga/Seneca County 75 Genesee St Auburn, NY 13021 (315)255-3447 Website</p>	<ul style="list-style-type: none"> • Provides various programs and resources to people of all abilities to ensure equal opportunities for everyone.
<p>Home Care Medical Supply 337 Genesee St Auburn, NY 13021 (315) 255-3110</p>	<ul style="list-style-type: none"> • Discover a full line of respiratory and home medical equipment for those in need. For more information, please call the office.

Home Health Care

Information and Referral:

New York Connects is a collaboration between the Cayuga County Office for the Aging and Long Term Care Services to provide information and referral about the many long term care services available in Cayuga County. NY Connects can provide information and assistance for home meals, transportation, home care, counseling, and more. Contact the office for more information at 1-800-342-9871.

<http://www.nyconnects.ny.gov/>

Home Care Service Providers:

Several private and public agencies provide home care in Cayuga County. Services offered and rates vary, so call the provider for more information.

Finger Lakes Independence Center	607-272-2433
Access To Home Care Services	315-258-2842
Home Instead Senior Care	315-252-2354
Cayuga County Certified Home Health Agency	315-253-1301
New Beginnings Home Care	315-255-3390

Pain Control

Cancer pain should be addressed quickly and aggressively. The treating physician is the first contact, but other resources are available:

Palliative Care is offered at **Auburn Community Hospital**, located in Cayuga County at 17 Lansing Street Auburn, NY 13021. Palliative care specializes in relieving the symptoms and stress of serious illness. Symptoms may be physical, emotional, or spiritual. The goal is to improve quality of life for you and your family. Palliative care may be appropriate at any point in an illness, from diagnosis on, and it can be provided at the same time as treatment that is meant to cure you.

Working in partnership with your primary doctor, the palliative care team can provide information on:

- Treatment
- Pain and medicine side effects
- Emotional and social challenges, such as helping your family get along better
- Spiritual concerns
- Goals and dreams
- Hospice care
- Advance directives

Palliative care consultations can be done in your own home, in an assisted living facility, nursing home, or hospital. Contact them for more information at 315-255-7011 or at

<http://www.auburnhospital.org/patient-education/hw-view.php?DOCHWID=tp23660>

End of Life Care

Hospice is a philosophy of care for the dying and their families that affirms life, but does not deny death. Support and care are provided in the last phase of a person's illness so that they may live as comfortably and autonomously as possible.

Hospice of the Finger Lakes provides programs of care that include pain and symptom management, emotional and spiritual support, and family counseling along with the same comprehensive care in hospitals, nursing homes, and other in-patient settings.

Hospice is covered by Medicare, Medicaid, and most private insurance plans. Anyone can contact Hospicare for more information or to request an assessment. A doctor's referral or authorization may be required for some services. Contact them for more information at 315-255-2733. Auburn Office is located at 1130 Corporate Drive, Auburn, New York 13021.

Mental Health Services

Depression, anxiety, and other mental health concerns are common during cancer treatment and recovery.

An **Employee Assistance Program** (EAP) is typically offered through your employer, and can provide resources available to you in your area. Contact your human resource department to see what benefits are provided.

Cayuga Counseling Services located at 17 East Genesee St. Auburn, NY, provides mental health programs designed to promote emotional wellness in their consumers. For more information, call (315)253-9795.
<http://www.cayugacounseling.org/>

Cayuga County Mental Health Center has a mission to provide the best psychiatric services possible to the residents of Cayuga County. Their services include outpatient treatment, emergency, psychosocial and rehabilitation, consultation and community education. For more information, call (315)253-0341.

Genetic Counseling

Genetic counseling for cancer involves having a trained genetic counselor help you and your family understand your inherited cancer risk. Inherited cancer risk may be passed from parent to child. The genetic counselor explains available genetic tests. He or she can also offer information about cancer screening, prevention, and treatment options and provide support.

A local organization that provides genetic counseling services to individuals in our area is:

GYN Oncology of CNY (Now with Upstate)
475 Irving Avenue, Suite 204
Syracuse, NY 13210
315-634-4112
<https://www.upstate.edu/obgyn/healthcare/oncology.php>

Center for Developmental Behavior and Genetics
725 Irving Avenue, Suite 112
Syracuse, NY 13210
315-464-6395
<http://www.upstate.edu/gch/services/development-behav-genetics/index.php>

Lymphedema

Lymphedema is a type of swelling in an arm, leg, or other body part that sometimes occurs after surgery and/or radiation for cancer. Assessment and treatment are available by:

The Center caters to a full spectrum of personal and health related concerns to their patients/clients. A comfort oriented massage specifically designed for individuals with or recovering from Cancer, recovering from medical procedures, or are at risk for lymphedema.

The Center

1 Hoffman St.

Auburn, NY 13021

315-704-0319

<http://thecenter4wellness.com/index.php>

Additional Support for Older Adults

Older Adults:

Cancer becomes more common as people get older. When an older person undergoes cancer treatment, the support s/he needs may relate as much to aging as to the cancer itself. There are local agencies that can provide support to older adults.

Cayuga County Office for the Aging (315-253-1226) is an excellent resource for assistance with aging-related issues such as housing, home care, health insurance, caregiver services, and more.

<http://www.cayugacounty.us/507/Office-for-the-Aging>

Meals on Wheels is available to homebound individuals ages 60 and over through Cayuga County Office for the Aging. For more information, call 315-253-1550.

The Health Insurance Information, Counseling, and Assistance Program (HIICAP) of Lifelong provides help with Medicare, Medigap, long-term care insurance, and other programs serving seniors, call 1-844-697-6321.

<https://aging.ny.gov/health-insurance-information-counseling-and-assistance-program-hiicap>

Transportation

Parking Permits: Parking Permits for individuals with temporary or permanent disabilities are issued through your local city, town, or village clerk’s office. The Department of Motor Vehicles (DMV) does NOT issue these permits.

Local and Out of Town Transportation:

<p>Med Answering Services 315-299-2786 https://www.medanswering.com/locations/nys/hvri/cayuga/</p>	<ul style="list-style-type: none"> ● Medicaid Enrollees that are eligible for Medicaid transportation may get transportation to and from most medical appointments 315-299-2786.
<p>Auburn Medical Transport Co. Inc. 1540 Gray Rd Union Springs, NY 13160 315-237-2814</p>	<ul style="list-style-type: none"> ● Offers wheelchair/disability transportation, ambulate services, and non-emergency medical and non-medical transportation.
<p>Cayuga/Seneca Community Action Agency, Inc. 315-255-1703 https://caphelps.org/</p>	<ul style="list-style-type: none"> ● Provides transportation to medical appointments for ambulatory Medicaid recipients of Cayuga and Seneca Counties.

An excellent source for additional information is the 211 Cayuga Helpline at 2-1-1 or 1-877-356-9211.