

Breast Cancer

Information and Support



Serving Cayuga, Cortland, Schuyler, Seneca,
Tompkins and Tioga Counties



We know that you're coming to us at a stressful time in your life.

All we want to do is to help you and your family. We won't tell you what to do because every situation is different.

Instead, we promise to listen, answer your questions, and guide you to the resources that are most likely to be useful.

How we can help

It is common for people to come in and say, "I don't really know what I need." That's normal. Sometimes people just need to think out-loud to gather their own thoughts.

We often assist by:

- Preparing you for what to expect during breast cancer treatment and recovery
- Helping you explain breast cancer to your children and other loved ones
- Doing research for you
- Connecting you with resources
- Identifying support groups
- Providing free wigs

We can help by telephone (607-277-0960) and by email (info@crcfl.net) as well as meeting you in person at our office. We can also make house calls.

All of our services are free!

About

Cancer Resource Center of the Finger Lakes

Founded in 1994 as the Ithaca Breast Cancer Alliance, the Cancer Resource Center provides information, support, and community for individuals and families affected by all types of cancer. We offer one-to-one assistance, support groups, a Boutique with free wigs and related items, financial advocacy, and a variety of other services, all provided free of charge.

While our office is located in Ithaca, we routinely meet with patients at Cayuga Medical Center, and provide assistance by phone and email.



**CANCER
RESOURCE CENTER**

OF THE FINGER LAKES

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